

OAKBROOK S.C.

POWERED BY

GET FAST INC.

I would first like to welcome you to our program. *Get Fast, Inc.* is the uncontested leader in athlete development and a proud member of the Athletic Republic. The fact is no one can touch our technology, our staff or our results. We are confident that we have put together the necessary elements to help you reach your full athletic potential. We provide the only science-based, research-supported athlete development program in the world and we have done so training over a half a million athletes, including more than 2,500 Olympic and professional athletes, no matter their age, gender or sport nationwide.

When you walk through our doors, you walk into our world, where maximizing athletic potential is our anthem. You will bear witness to all the components that have our athletes leaving faster and more powerful than ever before. Our training programs, designed specifically for you, are comprised of *approximately* 22 – 26 closely monitored sessions spread over six to eight weeks, providing measurable improvement in sprint speed, foot speed, multi-directional speed for faster mid-field, explosive power, dynamic stability and an increase in overall conditioning. In our optimal training environment, we have a potent combination of proprietary equipment, coupled with properly placed mirrors, and our qualified trainers which allow you to find that you quickly progress beyond all your predetermined views about your abilities and limitations. Individualized training administered in small groups of three to six athletes fosters a personal program with competitive support. With the help of Get Fast you *will* master the skill of sprinting quicker than you could ever achieve on the ground. Because at *Get Fast*, we improve your running mechanics. We improve your stride, your knee drive, your arm swing, your leg turnover, and even the way you carry your head. You push yourself through our program, you will leave strong and efficient, far more powerful and carry on your effort far longer than you *ever* thought possible. We allow you to give a 110% in the 89th minute of a soccer game.

WE ARE GET FAST, INC.

WELCOME TO THE BIG SHOW!!!

OAKBROOK SC RECEIVES 10% OFF ANY PACKAGE